

**ABSTRACT OF THE DISCLOSURE**

A lacrosse head having protrusions on its top and/or bottom edges, which improve ball control. Preferably, the protrusions on the top edge protrude toward the interior of the lacrosse head and the protrusions on the bottom edge protrude away from the interior of the lacrosse head. In a further embodiment, the lacrosse head has a top protrusion disposed on the top edge of a sidewall, and a bottom protrusion on disposed on the bottom edge of the sidewall, such that any height of the lacrosse head frame, inclusive of the top protrusion and the bottom protrusion, does not exceed a specified sidewall height, even though the sum of the height of the sidewall, the height of the top protrusion, and the height of the bottom protrusion, measured separately and nonlinearly, exceed the specified sidewall height.

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